

**UNIVERSITA' DEGLI STUDI DI MILANO**

**Procedura di valutazione per la chiamata a professore di prima fascia da ricoprire ai sensi dell'art. 24, comma 6, della Legge 240/2010 per il settore concorsuale 06/D5 – Psichiatria (settore scientifico disciplinare MED/25 – Psichiatria) presso il Dipartimento di Scienze Biomediche e Cliniche Luigi Sacco dell'Università degli Studi di Milano, Codice concorso n. 4594**

**CURRICULUM VITAE**

**INFORMAZIONI PERSONALI**

COGNOME	DELL'OSSO
NOME	BERNARDO MARIA
DATA DI NASCITA	12-04-1978

**Attuale Posizione (*current position*)**

- Professore Associato di Psichiatria (*Associate Professor of Psychiatry*), Università degli Studi di Milano, Dipartimento di Scienze Biomediche e Cliniche Luigi Sacco (DIBIC), Milano.
- Direttore Unità Operativa Complessa di Psichiatria (*Director of Multispecialty Psychiatric Unit*), Ospedale Luigi Sacco-Polo Universitario, ASST Fatebenefratelli-Sacco, Via G.B. Grassi 74, 20157 Milano.
- Direttore Ad Interim Unità Operativa Complessa di Psichiatria (*Ad Interim Director of Multispecialty Psychiatric Unit*), Ospedale Fatebenefratelli, ASST Fatebenefratelli-Sacco, Piazza Principessa Clotilde 3, 20121 Milano.

**Sintesi del percorso formativo (*education summary*)**

- 1996: Maturità Classica 60/60, Istituto Zaccaria, Milano (*High School Diploma*)
- 2002: Laurea in Medicina e Chirurgia 110/110 e Lode, Università degli Studi di Milano (*Degree in Medicine with Honors*)
- 2003: Abilitazione alla Professione Medica e Iscrizione all'Ordine dei Medici di Milano, n° 38656 (*Medical Board Licence, Milan*)
- 2006: Specializzazione in Psichiatria 70/70 e Lode, Università degli Studi di Milano (*Residency in Psychiatry with Honors*)
- 2008: Dirigente Medico Psichiatra (contratto a tempo determinato) Fondazione IRCCS Ospedale Policlinico Milano (*Psychiatrist, fixed term contract*)
- 2009: Dirigente Medico Psichiatra (contratto a tempo indeterminato) Fondazione IRCCS Policlinico Milano (*Psychiatrist, permanent contract*)
- 2009: Ricercatore MED/25 Psichiatria, Università degli Studi di Milano (*Assistant Professor of Psychiatry*)
- 2012: Ricercatore Confermato MED/25 Psichiatria, Università degli Studi di Milano (*Confirmed*)

*Assistant Professor of Psychiatry)*

- 2014: Abilitazione ASN Professore di Seconda Fascia 06-D5, MED/25 Psichiatria (*National habilitation as Associate Professor of Psychiatry*)

- 2017: Professore Associato MED/25 Psichiatria, Università degli Studi di Milano (*Associate Professor of Psychiatry*)

- 2017: Abilitazione ASN Professore di Prima Fascia 06-D5, MED/25 Psichiatria (*National habilitation as Full Professor of Psychiatry*)

- 2018: Direttore di Unità Operativa Complessa (Psichiatria), Ospedale Sacco-Polo Universitario, ASST Fatebenefratelli-Sacco, Milano (*Director of Multispecialty Psychiatric Unit*)

- 2021: Direttore ad Interim di Unità Operativa Complessa (Psichiatria), Ospedale Fatebenefratelli, ASST Fatebenefratelli-Sacco, Milano (*Ad Interim Director of Multispecialty Psychiatric Unit*).

**Sintesi delle attività: a) didattica b) ricerca e pubblicazioni, c) gestionale e d) clinico-assistenziale**

**Synthesis of activities: a) teaching, b) research and publications, c) institutional and d) clinical care**

**a) Attività didattica e servizio agli studenti:** come docente universitario dal 2009 ha svolto con continuità annuale il carico didattico assegnatogli, inerente l'insegnamento della clinica psichiatrica all'interno dei Corsi di Laurea Magistrale in Medicina e Chirurgia (Polo Centrale Policlinico, Polo Centrale San Donato, Polo di Vialba Sacco), Laurea Magistrale in Scienze Riabilitative delle Professioni Sanitarie, Terapia Occupazionale, Laurea in Scienze Infermieristiche (Polo Centrale San Donato) e Terapia della Riabilitazione Psichiatrica (Polo di Vialba Sacco) e Scuola di Specializzazione in Psichiatria dell'Università degli Studi di Milano. E' il titolare dell'insegnamento di Psichiatria dal 2014 del Corso di Laurea in Medicina e Chirurgia e dal 2012 del Corso di Laurea in Scienze Infermieristiche presso il Polo Centrale Linea San Donato, dell'Università degli Studi di Milano. Dal 2009, ha continuativamente svolto attività di relatore nelle tesi di laurea, di scuola di specializzazione e dottorato, oltre che di tutor di studenti e specializzandi e membro delle commissioni d'esame, all'interno dei Corsi di Laurea dell'Università degli Studi di Milano e di altri Atenei nazionali. Ha svolto seminari tematici per la Scuola di Specializzazione in Psichiatria di alcuni Atenei Italiani (Modena e Reggio Emilia, Padova, Chieti), oltre che per l'Università degli Studi di Milano e all'interno di corsi di perfezionamento (Università Cattolica di Milano).

**b) Ricerca e pubblicazioni:** Dal conseguimento della specializzazione, ha svolto con continuità attività di ricerca clinica e traslazionale prevalentemente nel campo dei disturbi depressivi e bipolari, d'ansia e dello spettro ossessivo-compulsivo, oltre che nell'area dei trattamenti psicofarmacologici e di neuromodulazione. Tale attività è sostenuta da oltre 300 pubblicazioni per esteso (in più della metà come autore primo/ultimo/corrispondente, 255 indicizzate su Scopus, Scopus H Index 41) capitoli di libro e monografie, soggiorni di ricerca e affiliazioni presso Atenei Internazionali (Mount Sinai School of Medicine, Columbia University, Stanford University), molteplici collaborazioni di ricerca con Atenei e istituzioni di ricerca nazionali e internazionali (tra cui ECNP, ISBD e ICOCS), riconoscimenti e premi internazionali (tra cui ECNP e ISBD fellowships) e nazionali, finanziamenti internazionali (tra cui European Commission FP7 Marie Curie e Horizon 2020-COST) e nazionali e conduzione di trials clinici come principal investigator. Relatore in oltre 200 eventi tra ECM, congressi nazionali (tra cui società italiana di psicopatologia, società italiana di psichiatria [SIP], società italiana di neuropsicofarmacologia [SINPF], società italiana di psichiatria biologica) e internazionali (tra cui ECNP, CINP, WFSBP, WPA, APA, EPA, ISBD). Attualmente co-chair dell'International College of Obsessive Compulsive Spectrum Disorders (ICOCS), componente di tre thematic working groups all'interno dell'ECNP (Anxiety Disorders Research Network, Obsessive Compulsive Research Network e Neuromodulation), coordinatore dell'area dei Disturbi Affettivi per la SINPF, tesoriere dell'Associazione Italiana per i Disturbi Depressivi, componente della sezione speciale sulla neurostimolazione della SIP, segretario dell'Accademia di Terapia Naturale in Psichiatria e Neurologia,

componente del comitato scientifico dell'Associazione Italiana per la Sindrome di Tourette. Membro del comitato editoriale di diverse riviste peer-reviewed internazionali (tra cui CNS Spectrums come field editor, Comprehensive Psychiatry e International Journal of Bipolar Disorders) e nazionali. Dal 2011 è affiliato con la Stanford University, Dept. of Psychiatry and Behavioural Sciences, Bipolar Disorders Clinic (dal 2014 come scientific advisor). Ha svolto attività di valutazione nell'ambito di procedure universitarie nazionali di selezione competitiva (Ricercatori di tipo A e assegni di ricerca).

**c) Attività gestionale, organizzativa e di servizio:** attualmente componente di diverse commissioni in Ateneo UNIMI e nel Dipartimento di Scienze Biomediche e Cliniche Luigi Sacco (produttività scientifica, valutazione della qualità della ricerca, disabilità, paritetica docenti-studenti, ricercatori di tipo A). In precedenza (2014-15), segretario del Dipartimento di Neuroscienze e Salute Mentale dell'IRCCS Policlinico di Milano e membro della giunta del Dipartimento di Fisiopatologia Medico-Chirurgica e dei Trapianti (2015-2018). Membro del Consiglio della Scuola di Specializzazione in Psichiatria e dei Collegi dei docenti tra cui il collegio del Corso di Laurea in Medicina e Chirurgia del Polo Centrale e del Polo Sacco di Vialba dell'Università degli Studi di Milano. Ha organizzato come segreteria scientifica diversi corsi di aggiornamento e formazione per medici di base, specializzandi e specialisti in psichiatria.

**d) Attività clinico-assistenziale:** Dal Novembre 2018 all'attualità, Direttore dell'Unità Operativa Complessa (UOC) di Psichiatria dell'Ospedale Sacco-Polo Universitario, ASST Fatebenefratelli-Sacco di Milano, che comprende quattro Unità Operative Semplici (Reparto/SPDC, Day Hospital e Ambulatori, Centro Psicosociale e Comunità Riabilitativa ad Alta Assistenza). Dal Maggio 2021 all'attualità, Direttore ad Interim dell'Unità Operativa Complessa (UOC) di Psichiatria dell'Ospedale Fatebenefratelli, ASST Fatebenefratelli-Sacco di Milano, che comprende quattro Unità Operative Semplici (Reparto/SPDC, Ambulatori, Centri Psicosociali e Residenzialità). In precedenza (2008-2018), dirigente medico psichiatra all'interno del Sistema Sanitario Nazionale: dal 2008 a tempo determinato e dal 2009 a tempo indeterminato presso la Fondazione IRCCS Cà Granda Policlinico di Milano (dal 2016 con la qualifica di elevata specializzazione), come responsabile dell'ambulatorio dei disturbi d'ansia e delle tecniche di neuromodulazione. La sua attività clinica si è incentrata prevalentemente sulla diagnosi e sul trattamento dei disturbi dell'umore, sia depressivi che bipolari, dei disturbi d'ansia e dello spettro ossessivo-compulsivo, attraverso l'istituzione di ambulatori tematici in collaborazione con cliniche universitarie e istituzioni di ricerca nazionali ed internazionali (Bipolar Disorders Clinic Stanford University, International College of Obsessive Compulsive Disorders) e conduzione di trials clinici multicentrici nazionali (tra cui quelli svolti per l'Italian chapter dell'International Society of Bipolar Disorders). Ha istituito il primo ambulatorio di stimolazione magnetica transcranica (TMS) in un servizio psichiatrico pubblico in Italia, nel 2006 presso l'Ospedale Sacco di Milano e, dal 2008, presso l'Ospedale Policlinico.

**a) Teaching Activity:** *as an academic (assistant and associate) professor, he has delivered the scheduled teaching load of Psychiatry since 2009 within the Master's Degree Course in Medicine and Surgery (Polo Centrale Policlinico, Polo Centrale San Donato, Polo di Vialba Sacco), Master's Degree Course in Health Professions of Rehabilitation Sciences, Degree Course in Nursing Sciences (Polo Centrale San Donato), Bachelor in Psychiatric Rehabilitation Therapy (Polo di Vialba Sacco), and Residency School in Psychiatry of the University of Milan with annual continuity. He is the course leader of the Psychiatry teaching program within the Master's Degree Course in Medicine and Surgery since 2014, and, from 2012, of the Degree Course in Nursing Sciences (Polo Centrale San Donato) of the University of Milan as well. He has consistently acted as supervisor for MD, PhD, and Residency School in Psychiatry degree theses as well as examiner commission member and student-tutor within the degree courses of the University of Milan and other Italian Universities since 2009. He has conducted thematic seminars for the University of Milan and other Italian universities' (Modena and Reggio Emilia, Padova, Chieti) residency schools of Psychiatry and within the Master Class of the Università Cattolica of Milan.*

**b) Research and Publications:** *He has consistently conducted clinical and translational research activity in the fields of depressive and bipolar disorders, anxiety and obsessive-compulsive spectrum disorders, neuropsychopharmacology, and neuromodulation interventions, among others. His research activity is*

supported by more than 300 full publications (of which more than 50% were authored as first, last, or corresponding author, 255 indexed in Scopus, Scopus H Index 41), book chapters, and volumes, fellowships and affiliations with foreign universities (Mount Sinai School of Medicine, Columbia University, Stanford University), several collaborations with national and foreign universities as well as international research institutions (including ECNP thematic networks, ISBD and ICOCS), receiving international awards (including ECNP and ISBD fellowship awards), national and international grants (including the European Commission FP7 Marie Curie and Horizon 2020-COST) and conducting clinical trials as principal investigator. He has been speaker at more than 200 events, including CME, national (e.g., “Società Italiana di Psicopatologia”, “Società Italiana di Psichiatria” [SIP], “Società Italiana di Neuropsicofarmacologia” [SINPF], “Società Italiana di Psichiatria Biologica”) and international congresses (including ECNP, CINP, WFSBP, APA, WPA, EPA, ISBD). Currently, he is co-chair of the International College of Obsessive-Compulsive Spectrum Disorders (ICOCS), member of three thematic working groups of the ECNP (Anxiety Disorders Research Network, Obsessive-Compulsive Research Network, and Neuromodulation Network), coordinator of the affective disorders area for the SINPF, treasurer of the “Associazione Italiana per i Disturbi Depressivi”, member of the special section on neuromodulation of the SIP, secretary of the “Accademia di Terapia Naturale in Psichiatria e Neurologia” and member of the scientific committee of the “Associazione Italiana per la Sindrome di Tourette”. He serves in the editorial boards of several international and national peer-reviewed journals (including CNS Spectrums as field editor, Comprehensive Psychiatry, and the International Journal of Bipolar Disorders). He has been affiliated with Stanford University’s Dept. of Psychiatry and Behavioral Sciences, Bipolar Disorders Clinic, since 2011, and as scientific advisor from 2014 until present. He has conducted activity for evaluation commissions concerning national university selection procedures for “type A Researchers” and postdoctorate fellowships.

**c) Institutional Activity:** He is currently member of different commissions for the University of Milan (scientific productivity, research quality evaluation, student disability, teaching staff-student joint committee, type A researchers). In 2014-15, he served as secretary of the Department of Neurosciences and Mental Health of the IRCCS Policlinico Hospital of Milan and member of the Department board of the Department of Pathophysiology and Transplantation of the University of Milan for the years 2015-18. Furthermore, he is member of the residency school board in Psychiatry and of different teaching colleges, including the college for the degree course in Medicine and Surgery of the Polo Centrale and Polo Vialba of the University of Milan. As scientific secretary, he has promoted several scientific and educational events for general practitioners, residents in psychiatry, and psychiatrists.

**d) Clinical Care Activity:** He is the director of the multispecialty “Unità Operativa Complessa” (UOC) of Psychiatry of the Sacco Hospital-Polo Universitario, ASST Fatebenefratelli-Sacco of Milan, since November 2018. The Unit consists of four single specialty units “Unità Operative Semplici”: Inpatient, Day Hospital, Outpatient, Psychosocial Center, and Rehabilitation Community. He is the ad Interim director of the multispecialty “Unità Operativa Complessa” (UOC) of Psychiatry of the Ospedale Fatebenefratelli, ASST Fatebenefratelli-Sacco of Milan, since May 2021. The Unit consists of four single specialty units “Unità Operative Semplici”: Inpatient, Outpatient, Psychosocial Centers, and Residentiality. Previously, he was employed as a psychiatrist in the National Health Service from 2008 with a fixed-term contract and, permanently, from 2009 until 2018 at the Fondazione IRCCS Cà Granda Policlinico Hospital of Milan. He received the qualification of high specialization in 2016 and served as head of the anxiety disorders outpatient unit and neuromodulation unit. His clinical activity mainly focused on the diagnosis and treatment of mood, depressive and bipolar, anxiety, and obsessive-compulsive spectrum disorders through the implementation of thematic outpatient units (for patients with bipolar disorders and obsessive-compulsive spectrum disorders) in collaboration with university clinics and national and international research institutions (Stanford University’s Bipolar Disorders Clinic and International College of Obsessive-Compulsive Spectrum Disorders). He has conducted national multicenter clinical trials (including those conducted for the Italian chapter of the International Society of Bipolar Disorders) in the field of mood and anxiety disorders and he has established the first outpatient service with transcranial magnetic stimulation (TMS) in an Italian National Health Service affiliated structure since 2006 at the Sacco Hospital and, since 2008, at the Policlinico Hospital in Milan.

## **CV IN EXTENSO**

### **a) Attività didattica e di servizio agli studenti (*Teaching Activity and Student Service*)**

With annual continuity, as an academic assistant and associate professor, he has delivered the scheduled Psychiatry teaching load since 2009 within the Master's Degree Course in Medicine and Surgery (at Polo Centrale Policlinico, Polo Centrale San Donato, Polo di Vialba Sacco), the Master's Degree Course in Health Professions of Rehabilitation Sciences, the Degree Course in Nursing Sciences (Polo Centrale San Donato), the Bachelor's Degree Course in Psychiatric Rehabilitation Therapy (at Polo di Vialba Sacco), and the Residency School in Psychiatry of the University of Milan.

Since 2014, he has been the course leader of the Psychiatry teaching program (32-40 frontal teaching hours annually) within the Master's Degree Course in Medicine and Surgery and, from 2012, within the Degree Course in Nursing Sciences (15-20 frontal teaching hours annually) at Polo Centrale San Donato of the University of Milan.

- Teaching activity as course leader of Psychiatry and Clinical Psychology within the Master's Degree Course in Medicine and Surgery of the University of Milan (at Central Pole and San Donato), for the 2014-15, 2015-16, 2016-17, 2017-18, 2018-19, 2019-20, 2020-21 academic years.
- Teaching activity as course leader of Psychiatry and Clinical Psychology within the Degree Course in Nursing Sciences (at Central Pole and San Donato) (previous Presidents: Prof. P. Franco, Prof. M. Foldi, current president Prof. A. Destrebecq), of the University of Milan, for the 2012-13, 2013-14, 2014-15, 2015-16, 2016-17, 2017-18, 2018-19, 2019-20 academic years.
- Teaching activity for the 3-year Bachelor's Degree Course in Therapy of Psychiatric Rehabilitation (at Polo di Vialba Sacco) of the University of Milan, for the 2019-20 and 2020-21 academic years.
- Teaching activity (in English) for the Master's Degree Programme "Cognitive Sciences and Decisional Processes" module in Neuroscience and Psychiatry at the University of Milan, for the 2017-18 and 2018-19 academic years.
- Teaching activity in the Psychiatry and Clinical Psychology course at Polo di Vialba Sacco within the Medicine and Surgery Degree Course of the University of Milan for the 2019-20 and 2020-21 academic years.
- Teaching activity in the Psychiatry and Clinical Psychology course at Polo Centrale Policlinico within the University of Milan's Medicine and Surgery Degree Course for the 2007-2008, 2008-2009, 2009-2010, 2010-2011, 2011-2012, 2012-2013, 2013-2014, 2014-2015, 2015-2016, 2016-2017 academic years.
- Teaching activity in the Psychiatry module within the Master's Program Health Professions of Rehabilitation Sciences (President Prof. D. Mari) for the 2014-2015, 2015-2016, 2016-2017 academic years.
- Teaching activity within the University of Milan's Medicine and Surgery Degree Course for the professionalizing activities of third-year students for the 2010-2011 and 2011-2012 academic years.
- Member and professor of the University of Milan's Psychiatry Residency School since 2007 (Directors: Prof. AC. Altamura 2005-2008, Prof. S. Scarone 2008-2011, Prof. G. Ba 2011-2014, Prof. A.C. Altamura 2014-2017, Prof. O. Gambini 2017-present). Class topics include: bipolar disorders, obsessive-compulsive spectrum disorders, anxiety disorders, brain stimulation, and suicide-related behaviors.
- Teaching activity in the Psychiatry module for the Occupational Therapy, Speech and Language Therapy University Course Degree (Director Prof. F. Ottaviani) at the University of Milan for the 2006-2007 and 2007-2008 academic years.
- Teaching activity for the University of Milan's Clinical Psychology Residency School (Director Prof. E.A. Moja), Psychiatric Clinic module, for the 2008-2009 academic year.
- Teaching activity in the Cognitive Sciences and Decisional Processes specialistic Degree Course, for the Anatomico-Physiologic Bases of Cognitive Processes module, (leader Prof. A. Priori) at the University of Milan

for the 2009-2010 and 2010-2011 academic years; class topics: Introduction to Psychiatry and Patients with Mental Disorders.

- Teaching activity for the Continuing Medical Education events for the faculty of Pharmacy at the University of Milan (Dean: Prof C. Sirtori) for the 2007 academic year; topic: Mood Disorders.

- Teaching activity for the Continuing Medical Education events for General Care Practitioners, coordinated by the University of Milan's Institute of Neuroscience CNR (Director: Prof F. Clementi) for the 2010-11-12-13 and 14 academic years, topics: Mood Disorders and the Clinical Role of Benzodiazepines.

- Teaching activity for the "Methodologies and Intervention Instruments for the Clinic and Neuromotor and Neurocognitive Rehabilitation" Master Class (Coordinator Prof. M. Balconi) from 2017-2021, topics: Brain Stimulation interventions in psychiatric disorders.

- Tutoring activity of Medical Students through participation in commissions for the examination of students of the Master's Degree in Medicine and Surgery and Nurse Sciences Degree Course (at Polo Centrale Policlinico and San Donato) as well as tutoring activity for residents in psychiatry for the University of Milan. Thesis supervisor activity for medical students and residents in Psychiatry and PhD candidates (number of supervised MD theses: > 30; PhD theses: 5; Residency in Psychiatry theses > 30) annually since 2009 to the present time for the University of Milan and other universities.

- He has held multiple seminars for the University of Milan (including for its Law School) on the disability of psychiatric disorders for the 2020 and 2021 academic years (Coordinator Prof. S. Leone) and for the Neurology Residency School (topic: Deep Brain Stimulation in Depressive and Obsessive-Compulsive Disorders, 2015, Coordinator Prof. E. Scarpini) as well as for other universities, including the Cattolica University of Milan's Ph.D. Law School (topic: Cases and Questions of Criminal Law, academic year 2015-2016, Coordinator Prof. M. Caputo) and for the Universities of Modena e Reggio Emilia (November 2013, Coordinator Prof. S. Ferrari), Padova (June 2016, Coordinator Prof. A. Favaro) and Chieti (June 2017, Coordinator Prof. G. Martinotti) Psychiatry Residency Schools. Topic of the seminars: Brain Stimulation Interventions in Mental Disorders.

## **b) Attività di ricerca e pubblicazioni scientifiche (Research Activity and Scientific Publications)**

He has conducted research activity in the fields of depressive and bipolar disorders as well anxiety and obsessive-compulsive spectrum disorders with specific reference to the diagnosis, clinical characterization, translational and biological investigation (immuno-inflammatory patterns, genetic and epigenetic), and therapeutic correlates (pharmacological therapy and brain stimulation interventions). His research activity has been sustained by a series of fellowships abroad including a post-doctoral fellowship (2004-2005) at the Mount Sinai School of Medicine of New York (USA) for the Compulsive, Impulsive and Anxiety Disorders Research Program (Director Prof. E. Hollander). In June 2005, he completed a visiting fellowship in Transcranial Magnetic Stimulation at the Department of Biological Psychiatry at Columbia University (NY, USA) (Director Prof. H. Sackeim). Since 2011, he has been Visiting Fellow and, from 2014 until present, Scientific Advisor at the Department of Psychiatry and Behavioural Sciences, Bipolar Disorders Clinic at Stanford University (CA, USA) (Director Prof. T. Ketter). Currently, his research activity is conducted as head of the University Psychiatric Clinic of the Sacco Hospital in Milan, as well as a selected member of two Centers of Coordinated Research of the University of Milan and through a series of collaborations with national and international institutions, including the participation in three thematic working groups of the European College of Neuropsychopharmacology.

**b.1) Pubblicazioni (Publications):** 308 pubblicazioni per esteso (in più della metà come autore primo/ultimo/corrispondente), 255 indicizzate su Scopus, Scopus H Index 41, 33 capitoli di libro\*) e 10 tra volumi e contributi in lineeguida.

(308 full publications - of which more than 50% authored as first, last or corresponding author - 255 Scopus indexed, Scopus H index 41; 33 book chapters\*) and 10 volumes/guidelines contributions.

#### 2003

1. Mauri MC, Volontieri LS, **Dell'Osso B**, Regispani F, Papa P, Baldi M, Bareggi SR. Predictors of clinical outcome in schizophrenic patients responding to clozapine. *Journal of Clinical Psychopharmacology*. 2003;23(6):660-4.

#### 2004

2. Marazziti D, Mungai F, Vivarelli L, **Dell'Osso B**. Critical issues in the pharmacological treatment of obsessive-compulsive disorder. *Clinical Neuropsychiatry* 2004;1(1):59-64.

#### 2005

3. Marazziti D, Albanese F, Catena M, Mungai F, **Dell'Osso B**, Del Debbio A, Piccinni A, Dell'Osso L. Relazione tra attaccamento romantico e psicopatologia. Dati preliminari in un campione di pazienti ambulatoriali. *Psichiatria e Psicoterapia*. 2005;24,2:156-163.
4. Hollander E, **Dell'Osso B**. Impulse Disorders: New Developments in an Evolving Field. *Psychiatric Times* 2005;22(8):17.
5. Marazziti D, **Dell'Osso B**, Baroni S, Vivarelli L, Masala I, Mungai F, Muratori F: The Serotonin transporter is increased in platelets of autistic children. In: Trends in Autism Research. Ryaskin OT (editor); Nova Science Publishers, Inc. New York, 2005, pp 187-196.\*
6. Marazziti D, **Dell'Osso B**, Catena M, Barone S, Masala I, Giannaccini G. Serotonin 2a (5-HT<sub>2A</sub>) Receptors in Human Brains Postmortem from Psychiatric Patients. In: Trends in Neurochemistry Research. Coleman RM (editor); Nova Science Publisher, Inc, New York, 2005, pp 179-188.\*
7. Hollander E, **Dell'Osso B**. Advancing the understanding of Body Dysmorphic Disorder. In: Somatoform Disorders. Maj M, Akiskal HS, Mezzich JE, Okasha A (editors). Wiley, Chichester, 2005, pp 244-246.\*
8. Marazziti D, Mungai F, Vivarelli L, Presta S, Pfanner C, **Dell'Osso B**, Baroni S, Masala I, Conti L. Aggression and Platelet <sup>3</sup>H-Paroxetine Binding in Patients Suffering from Obsessive-Compulsive Disorder. In: Psychobiology of Aggression. Morgan JP (editor); Nova Science Publisher, Inc, New York, 2005, pp 151-160.\*
9. Marazziti D, **Dell'Osso B**, Baroni S, Masala I, Di Nasso E, Giannaccini G, Dell'Osso L. Changes in peripheral benzodiazepine receptors in patients with bipolar disorder. *Neuropsychiatric Disease and Treatment*. 2005;1(2):151-154.
10. Marazziti D, Pfanner C, **Dell'Osso B**, Ciapparelli A, Presta S, Giorgio Corretti G, Elena Di Nasso E, Francesco Mungai F, Dell'Osso L. Augmentation strategy with Olanzapine in resistant obsessive compulsive disorder: an italian long-term open-label study. *Journal of Psychopharmacology*. 2005;19(4):392-394.
11. Marazziti D, **Dell'Osso B**. Effectiveness of Risperidone in Psychogenic Stiff Neck. *CNS Spectrums*. 2005;10(6):443-444.
12. **Dell'Osso B**, Hollander E. The impact of comorbidity on the management of pathological gambling. *CNS Spectrums*. 2005;10(8):619-21.
13. Marazziti D, **Dell'Osso B**, Baroni S, Masala I, Di Nasso E, Giannaccini G, Conti L. Decreased density of peripheral benzodiazepine receptors in psychiatric patients after a suicide attempt. *Life Sciences*. 2005;77(26):3268-75.
14. Hardoy MC, Cadeddu M, Carpinello B, **Dell'Osso B**, Morosini PL, Calabrese JR, Carta MG: Validation of the Italian version of the "Mood Disorder Questionnaire" for the screening of bipolar disorders. *Clinical Practice and Epidemiology in Mental Health*. 2005;Jul 21,1:8.
15. **Dell'Osso B**, Allen A, Hollander E. Comorbidity issues in the pharmacological treatment of pathological gambling: a critical review. *Clinical Practice and Epidemiology in Mental Health*. 2005; Oct 10;1:21.
16. **Dell'Osso B**, Allen A, Hollander E. Fluvoxamine: a selective serotonin reuptake inhibitor for the treatment of obsessive-compulsive disorder. *Expert Opinion on Pharmacotherapy*. 2005;6(15):2727-40.
17. **Dell'Osso B**, Altamura AC, Allen A, Hollander E. Brain stimulation techniques in the treatment of obsessive-compulsive disorder: current and future directions. *CNS Spectrums*. 2005;10(12):966-79,983.

#### 2006

18. Marazziti D, Mungai F, **Dell'Osso B**. State of the art and future directions in the pathophysiology of obsessive-compulsive disorder. In: Obsessive Compulsive Disorder and Comorbidity. Gross-Isseroff

- R, Weizman A (editors); Nova Science Publishers, Inc. 2006, pp 145-160.\*
19. Hollander E, **Dell'Osso B**: The Red and the Black. In: DSM-IV-Casebook: Experts Tell How They Treated Their Own Patients. American Psychiatric Press, Inc, 2006, pp 377-387.\*
  20. Marazziti D, **Dell'Osso B**, Catena M, Baroni S, Mungai F, Vivarelli L, Di Nasso E, Giannaccini G, Dell'Osso L. Increased Density of Peripheral Benzodiazepine Receptors in Bipolar Depressed Patients. In: New Developments in Mania Research. Kotlan MB (editor); Nova Science Publisher, Inc, New York, 2006, pp 79-86.\*
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#### **Volumi e linee guida (Books and Guidelines contributions)**

1. Participation in the American Psychiatric Association (APA) *Practice Guideline for the Treatment of Patients with Obsessive-Compulsive Disorder* edition. Koran LM, Hanna GL, Hollander E, Nestadt G, Simpson HB. *American Journal of Psychiatry*. 2007;164(7 Suppl):5-53; contribution acknowledgement: page 73 [http://www.psychiatryonline.com/pracGuide/pracGuideTopic\\_10.aspx](http://www.psychiatryonline.com/pracGuide/pracGuideTopic_10.aspx)
2. Participation as "Principal Faculty" in the Continuing Medical Education (CME) *Practice Guidelines Obsessive Compulsive Disorder* edition of the American Psychiatric Association (APA) Course.
3. Participation in the European Edition of the companion book *Learning to Live with Bipolar Disorder: a Companion Guide* and to the Italian edition *La vita a due velocità*. Published by Otsuka Pharmaceutical Europe Ltd. In association with Bristol Myers Squibb Company, 2011.
4. Altamura AC, **Dell'Osso B**. *Quick Review Psichiatria*. Edises, Napoli, 2011.
5. **Dell'Osso B**. *Senza limiti*. Il Pensiero Scientifico Editore, Roma, 2013.
6. **Dell'Osso B**. *Brain Stimulation in Psichiatria. Tecniche e impiego di TMS, tDCS, VNS e DBS*. Pacini Editore S.R.L., Pisa, 2016.
7. Porta M, Sironi V, **Dell'Osso B**. *Smorfie manie e tic. Da cattive abitudini a fenomeni patologici*. Carocci Editore, Roma, 2017.
8. Fiorillo A, Albert U, Carrà, **Dell'Osso B**, Pompili M. *Manuale di psichiatria contemporanea. L'impatto della società moderna nella pratica psichiatrica*. Alpes Italia srl, Roma, 2019.
9. Participation in the steering committee for the volume *Learning to Deal with Problematic Usage of the Internet (PUI)*, edited by the COST Action 16207, in collaboration with the International College of Obsessive-Compulsive Spectrum Disorders (ICOCS) and the Obsessive Compulsive Research Network of the European College of Neuropsychopharmacology (OCRN-ECNP), 2020.
10. **Dell'Osso B**, Di Lorenzo G (editors). *Non-Invasive Brain Stimulation in Psychiatry and Clinical Neurosciences*; Springer Nature Switzerland, 2020.

#### **b.2) Finanziamenti per la Ricerca: progetti intra-Ateneo, Nazionali e Internazionali (Grants)**

- Category: International Project; Financing Institution: European College of Neuropsychopharmacology-Anxiety Disorders Research Network (ECNP-ADRN); Title: Study of the Duration of Untreated Illness in Anxiety Disorders and development of a psychometric tool for assessing latency to treatments. Role: Principal Investigator; Duration: 2 years (2011-2012).
- Category: International Project; Financing Institution: International College of Obsessive-Compulsive Spectrum Disorders (ICOCS) and European College of Neuropsychopharmacology-Obsessive Compulsive Disorders Research Network (ECNP-OCRN); Title: Analysis of the socio-demographic and clinical variables of the ICOCS Snapshot Database. Role: Principal Investigator; Duration: 4 years (2012-2016).
- Category: National Project; Financing Institution: University of Milan, Intradepartment Research Project of the Dipartimento di Fisiopatologia Medico-Chirurgica e dei Trapianti (DEPT), Linea 2 Azione A; Title: "Meccanismi di modulazione epigenetica del gene promotore del BDNF nei disturbi dell'umore"; Role: Principal Investigator; Duration: 2 years (2014-2015).
- Category: National Project; Financing Institution: Agenzia Nazionale di Valutazione del Sistema Universitario e della Ricerca (ANVUR); Title: Finanziamento Annuale delle Attività di Base di Ricerca "FFABR"; Role: Recipient; Duration: 2 years (2018-2019).
- Category: International Project; Financing Institution: Seventh Framework Programme "Marie Curie Actions" Grant Agreement Number 269213; Title: Joint European and South African Research Network in Anxiety Disorders "EUSARNAD"; Role: Country Representative Italy; Duration: 4 years (Oct 2011-Oct 2015).
- Category: National Project; Financing Institution: Centro di Ricerca Coordinata "Aldo Ravelli" for Neurotechnology and Brain Therapeutic, University of Milan (Department of Health Sciences); Title: Bupropion for depression in Parkinson's disease: clinical and epigenetic correlates "BU-PARK"; Role: Principal Investigator; Duration: 4 years (2018-2022).
- Category: International Project; Financing Institution: European Cooperation in science and technology (COST) ACTION CA 16207; Title: European Network for Problematic Usage of the Internet "EU-PUI"; Role: Management Committee Member (Italy); Duration: 4 years (Oct 2017-Oct 2021).
- Category: National Project; Financing Institution: Intradepartment Research Project of Department of



Biomedical and Clinical Sciences Luigi Sacco, University of Milan, Linea 2 Azione A; Title: "Studio dei correlati neurofisiologici della risposta clinica nel paziente con depressione maggiore"; Role: Principal Investigator; Duration: 2 years (July 2019-July 2021).

- Category: International Project; Financing Institution: American Foundation for Suicide Prevention; Title: Pilot Study to Identify Modifiable Transdiagnostic Suicide Attempt Risk Factors; Role: Consultant/Co-Investigator; Duration: 3 years (October 2019-October 21).

- Category: National Project; Financing Institution: Intradepartment Research Project of Department of Biomedical and Clinical Sciences Luigi Sacco, University of Milan, Linea 2 Azione A; Title: "Studio della TMS ripetitiva nel trattamento della depressione post-stroke"; Role: Principal Investigator; Duration: 2 years (Feb 2021-ongoing).

- Category: National Project; Financing Institution: Fondazione Romeo ed Enrica Invernizzi. Title: "Mobile Guardian: Monitoraggio e Gestione del Rischio per la Salute Mentale delle Popolazioni Fragili nel periodo iper- e post-endemico"; Role: Principal Investigator; Duration: 1 year (May 2021-ongoing).

### **b.3) Partecipazione a gruppi di ricerca Internazionali (*Participation in Internanational Research Groups*)**

- European College of Neuropsychopharmacology (ECNP) Thematic Working Groups (role: member): Anxiety Disorders Research Network (Chair Prof. K. Domschke), Obsessive-Compulsive Disorders Research Network (Chair Prof. J. Menchon), Neuromodulation Research Network (Chair Prof. S. Pallanti)
- International College of Obsessive Compulsive Spectrum Disorders (ICOCS, [www.icocs.org](http://www.icocs.org)) (role: Co-Chair)
- Stanford University, Department of Psychiatry and Behavioural Sciences, Bipolar Disorders Clinic, CA, USA (Directors Prof. T. Ketter, Prof. T. Suppes) (role: Scientific Advisor)
- Albert Einstein University, Montefiore Medical Center, NY, USA (obsessive-compulsive disorder and autism spectrum disorders, Director Prof. E. Hollander) (role: collaborator)
- National Problem Gambling Clinic, London, UK (Director Prof. H. Bowden-Jones) (role: collaborator)
- University of Roehampton, London, UK (immuno-inflammatory characterization of obsessive-compulsive disorder, Director Prof. F. D'Acquisto) (role: collaborator)
- European Network Brain Stimulation in Psychiatry (<https://www.brain-stimulation.eu/>) (role: collaborator)
- Monash University, Sidney, Australia (staging models in obsessive-compulsive disorder, Co-investigator: Prof. L. Fontenelle) (role: collaborator).

### **Partecipazione a gruppi di ricerca Nazionali (*Participation in National Research Groups*)**

Current participation in:

- Centro di Ricerca Coordinata (CRC) "Aldo Ravelli" Center for Neurotechnology and Brain Therapeutic, University of Milan, Milano, Italy.

- Centro di Ricerca Coordinata (CRC) "for the Study of the Molecular Mechanisms Determining Neuro-psycho-geriatric Diseases" University of Milan, Milano, Italy.

- Research group for the study of the socio-demographic and clinical characteristics associated to obsessive-compulsive tic-related disorder (OCTD). Other participating centers: Milano-IRCCS Galeazzi Hospital, Milano-San Paolo Hospital, Torino-Gonzaga Hospital, Firenze-Istituto di Neuroscienze, Pisa-Santa Chiara Hospital, Roma-Istituto di Psicopatologia, Teramo-ASL Mazzini.

- Research group for the study of the epigenetic characterization of patients with psychiatric disorders. Other participating center: University of Teramo.

-Research group for the study of the psychiatric manifestations of COVID-19 in patients with psychiatric disorders (coordinating center: Università degli Studi della Campania Luigi Vanvitelli).

-Research group for the study of short- and long-term outcomes in patients with Obsessive Compulsive Disorder in relation to COVID-19. Other participating centers: University of Turin, University of Trieste.

### **b.4) Partecipazione a comitati editoriali di riviste scientifiche (*Editorial Board Participation*)**

*Attualmente/Currently:*

CNS Spectrums (Cambridge, field editor), Comprehensive Psychiatry (Elsevier), International Journal of Bipolar Disorders (Springer), Clinical Practice and Epidemiology in Mental Health (Bentham), Journal of Psychopathology (Pacini), Clinical Neuropsychiatry (Fioriti).

**Attività di Revisore per (Reviewer for):**

Molecular Psychiatry, American Journal of Psychiatry, British Journal of Psychiatry, Journal of Clinical Psychiatry, Journal of Affective Disorders, Journal of Psychiatric Research, Neuroscience and Biobehavioral Reviews, Psychiatry Research, Bipolar Disorders, CNS Spectrums, World Journal of Biological Psychiatry, European Neuropsychopharmacology, International Journal of Neuropsychopharmacology, Comprehensive Psychiatry, International Journal of Bipolar Disorders.

**b.5) Appartenenza ad Accademie Scientifiche (Member of Scientific Organizations)**

*At a National level:*

- Associazione Italiana Sindrome di Tourette (AIST). Role: member of the scientific committee (ongoing)
- Associazione Italiana per i Disturbi Depressivi (AIDEPP). Role: treasurer (ongoing)
- Società Italiana di Neuropsicofarmacologia (SINPF). Role: coordinator of research area (affective disorders) (ongoing)
- Società Italiana di Psichiatria (SIP), sezione speciale neuromodulazione. Role: member (ongoing)
- Accademia di Terapia Naturale in Psichiatria e Neurologia (ATNPN). Role: member of the directory board and secretary (ongoing)
- Società Italiana di Psicopatologia (SOPSI), sezione gruppo giovani. Role: national coordinator (2015-2019).

*At an International Level:*

- International College of Obsessive-Compulsive Spectrum Disorders (ICOCS). Role: Co-Chair (since 2016, ongoing)
- Department of Psychiatry and Behavioural Sciences, Bipolar Disorders Clinic, Stanford University, CA, USA. Role: Scientific Advisor (2014-present)
- European College of Neuropsychopharmacology (ECNP)-Anxiety Disorders Research Network (ADRN): member of the thematic working group
- European College of Neuropsychopharmacology (ECNP)-Obsessive Compulsive Disorders Research Network (OCRN): member of the thematic working group
- European College of Neuropsychopharmacology (ECNP)- Neuromodulation Research Network: member of the thematic working group.

**b.6) Conseguimento di premi e riconoscimenti nazionali e internazionali (National and International Awards)**

- Award Event "Attualità in Psichiatria: il contributo dei giovani ricercatori" for the study: "Augmentation con Stimolazione Magnetica Transcranica accoppiata alla navigazione cerebrale nella depressione bipolare farmacoresistente". Università degli Studi di Milano, Milano (Italy), 11-10-2007.
- European College of Neuropsychopharmacology (ECNP) Fellowship Award, Istanbul (Turkey), 12-09-2009.
- Società Italiana di Neuropsicofarmacologia (SINPF), award for the best scientific contribution "DNA Hypermethylation of BDNF Promoter in Patients with Bipolar Disorder type II". Cagliari (Italy), 24-9-2010.
- International Society of Bipolar Disorders (ISBD) Young Investigator Fellowship Award, Miami (USA), 13-06-2013.
- Award "Elsevier Highly Cited Research in European Psychiatry in Recognition of the Contribution to the Quality of the Journal Made by Article: Do Benzodiazepines Still Deserve a Major Role in the Treatment of Psychiatric Disorders", Elsevier, 1-11-2016.

**b.7) Partecipazione in qualità di relatore/chairperson a congressi d'interesse internazionale (Participation as Speaker or Chairperson in International Congresses)**

He has been speaker, moderator, chairperson, or discussant at more than 200 events, among CME, National, and International Congresses, including:

- Congress of the World Federation Societies of Biological Psychiatry (WFSBP), presentation title: "Use of rTMS in the treatment of bipolar depression", Santiago (CHL), 17/21-04-2007.
- Congress of the International College of Neuropsychopharmacology (CINP), presentation title: "Negative Symptoms in Schizophrenia", Monaco (DEU), 13/17-07-2008.
- Congress of the World Federation Societies of Biological Psychiatry (WFSBP), presentation title: "Duration of untreated psychosis in relation to outcome in Schizophrenia", Paris (FRA), 28-06/02-07-2009.
- European Psychiatry Association (EPA) Congress, presentation title: "Pros and cons of benzodiazepines in clinical practice", Vienna (AUT), 15-03-2011.
- Congress of World Federation Societies of Biological Psychiatry (WFSBP), presentation title: "Antidepressant and stabilizing effects of long-term vagus nerve stimulation", Prague (CZE), 29-05/02-06-2011.
- Congress of the World Psychiatric Association (WPA), presentation title: "Long-term management of bipolar disorder: a combination of mood stabilizers and atypical antipsychotics", Prague (CZE), 19-10-2012.
- Congress of World Federation Societies of Biological Psychiatry (WFSBP), presentation title: "Augmentative use of repetitive transcranial magnetic stimulation (TMS) in the acute treatment of drug-resistant depression: a comparison study between high and low-frequency stimulation", Kyoto (JPN), 13/16-6-2013.
- International Conference on Bipolar Disorders (ISBD), presentation title: "differential diagnosis and comorbidity between frontotemporal dementia and bipolar disorder", Seoul (KOR), 18/21-03-2014.
- Congress of the World Federation Societies of Biological Psychiatry (WFSBP), presentations titles: "Epigenetic Regulation of BDNF gene in Bipolar vs Unipolar Depressive Disorders" and "Assessing Latency to Pharmacological Treatments in psychiatric disorders: differences between affective and psychotic disorders" Athens (GRC), 14/18-06-2015.
- International Congress Stimulation Transcranienne en Psychiatrie, presentation title: "repetitive transcranial magnetic stimulation (rTMS): from research to clinical practice", Ghent (BEL), 11/12-12-2015.
- Congress of the World Federation Societies of Biological Psychiatry (WFSBP), presentation title: "Bipolar I vs II Disorder: socio-demographic and clinical differences of Italian and American samples", Copenhagen (DNK), 18/22-6-2017.
- European Psychiatric Association (EPA) Congress, presentation title: "The International College of Obsessive-Compulsive Spectrum Disorders (ICOCS) Snapshot Study: Results and Clinical Correlates", Nice (FRA), 3/6-3-2018.
- Congress of the International Society of Bipolar Disorder (ISBD), presentation title: "Bipolar I vs II Disorder: socio-demographic and clinical differences of Italian and American samples", Mexico City (MEX), 7/10-3-2018.
- Congress of the American Psychiatric Association (APA), presentation title: "Parsing the phenotype of Obsessive-Compulsive Tic-related Disorder (OCTD)", New York (USA), 5/9-5-2018.
- European Conference on Brain stimulation in psychiatry, presentation title: "rTMS in treatment-resistant OCD: where do we stand, where do we go?", Leon (FRA), 18/20-10-2018.
- Congress of the European Psychiatric Association (EPA), presentation title: "Problematic Usage of the Internet (PUI): focus on Gaming Disorder and results of a COST action", Warsaw (POL), 6/9-4-2019.
- Congress of the World Federation Societies of Biological Psychiatry (WFSBP), presentation title: "Preliminary results of the Italian multicentre RENDIBI study", Vancouver (CAN), 2/6-6-2019.
- Congress of the World Psychiatric Association (WPA), presentations titles: "Staging Models in Obsessive-Compulsive Disorder" and "Diagnosing and Managing Problematic Online Gaming", Lisbon (PRT), 21/24-8-2019.
- Congress of the European College of Neuropsychopharmacology (ECNP), debate session title: "Diagnosis and Assessment of (Internet) Gaming Disorders: DSM-5 vs ICD-11", Copenhagen (DNK), 7/10-9-2019.
- Congress of the World Psychiatric Association (WPA), presentation title: "New Staging Models in Obsessive-Compulsive Disorder" virtual edition, 10/12-3-2021.

**b.8) Attività di valutazione nell'ambito di procedure di selezione competitive nazionali (Activity for Evaluation Commissions in relation to National University Selection Procedures)**

-2016: Participation as commission member for the selection of a position of "Assegno di Ricerca di tipo A" procedure, Department of Pathophysiology and Transplantation, University of Milan.

- 2020: Participation as substitute member of the commission for the selection of a position of “Ricercatore di tipo B” procedure, MED/25 Psychiatry, Dipartimento di Psicologia Dinamica e Clinica, University of Rome La Sapienza.
- 2020: Participation as substitute member of the commission for the selection of a position of “Ricercatore di tipo A” procedure, MED/25 Psychiatry, Dipartimento di Neuroscienze, Riabilitazione, Oftalmologia, Genetica e Scienze Materno-Infantili, University of Genoa.
- 2021: Participation as member of the commission for the selection of a position of “Assegno di Ricerca di tipo B” procedure, Department of Health Sciences, University of Milan.

### **c) Attività gestionale, organizzativa e di servizio (*Institutional Activity*)**

- Member of the Department Board (2016-2018), Department of Pathophysiology and Transplantation, University of Milan.
- Secretary of the Department of Neuroscience and Mental Health, Fondazione IRCCS Policlinico Hospital, Milano (2014-2015).
- Member of the Commission for the Evaluation of Disability for the admission test to the Faculty of Medicine and Health Professions (2019-present), University of Milan.
- Member of the Commission for the evaluation of scientific productivity (2020-present), Dipartimento di Scienze Biomediche e Cliniche Luigi Sacco, Università degli Studi di Milano.
- Member of teaching staff-student joint Committee of the Bachelor Course Psychiatric Rehabilitation Techniques (2020-present), Department of Biomedical and Clinical Sciences Luigi Sacco, University of Milan.
- Member of the Commission for the Evaluation of Research Quality (Valutazione della Qualità della Ricerca, VQR) (2020-present), Department of Biomedical and Clinical Sciences Luigi Sacco, University of Milan.
- Member of the Programming Commission of “Ricercatori di tipo A” (2020-present), Department of Biomedical and Clinical Sciences Luigi Sacco, University of Milan.
- Participation in the Commission for the Faculty of Medicine and Surgery Admission Test, University of Milan, academic year 2009-2010.
- Participation in the Commission for the Residency School of Psychiatry Admission Test, University of Milan, 2010-2011, 2011-2012, 2012-2013, and 2013-2014 academic years.
- Participation in the Commission for the Medical English Examination for the Master’s Degree in Medicine and Surgery, Università degli Studi di Milano, academic year 2013-2014.
- Member of the Evaluation Commission for the PhD thesis in Neuroscience, Indirizzo Neuroscienze Cliniche e Dottorato in Neuroscienze Indirizzo Psichiatria, Ciclo XXV, University of Turin, November 2013 - March 2014.
- Participation in the PhD School in Psychology of the University Cattolica of Milan Teaching Commission, for the evaluation of PhD thesis (Coordinator Prof. C. Regalia), period: 25-10-2016/15-12-2016.
- Participation in the PhD School in Psychology of the University of Cagliari Teaching Commission, for the evaluation of PhD thesis (Coordinator Prof. M. Carta), period: 24-01-2017/06-02-2017.

- Participation in the PhD School Dottorato Toscano Di Neuroscienze, Ciclo XXX, of the University of Florence Teaching Commission, for the evaluation of PhD thesis (Coordinator Prof. R. Corradetti), 01-09-2017/01-10-2017.

**d) Attività clinico-assistenziale (Clinical Care Activity)**

He is director of the multispecialty “Unità Operativa Complessa” (UOC) of Psychiatry at the Sacco University Hospital, ASST Fatebenefratelli-Sacco, Milano, since November 2018. The Unit consists of four single-specialty units “Unità Operative Semplici” (Inpatient, Day Hospital/Outpatient, Psychosocial Center, and Rehabilitation Community).

He is ad interim director of the multispecialty “Unità Operativa Complessa” (UOC) of Psychiatry at the Fatebenefratelli Hospital, ASST Fatebenefratelli-Sacco Milano, since May 1<sup>st</sup> 2021. The Unit consists of four single-specialty units “Unità Operative Semplici” (Inpatient, Outpatient, Psychosocial Centers, and Residentiality).

Previously, from 2008 to 2018, he was employed as a psychiatrist in the Italian National Health Service with a fixed-term contract since 2008 and permanently since 2009 at the Fondazione IRCCS Policlinico Hospital of Milan. In 2016, he received the high specialization qualification and served as head of the Anxiety Disorders Outpatient Unit and Brain Stimulation Unit.

With respect to clinical activity in the field of brain stimulation interventions, he completed a fellowship on transcranial magnetic stimulation (TMS) at the Department of Biological Psychiatry of the Columbia University in 2005, and in 2006 he established the first outpatient service and conducted the first protocols on the clinical use of TMS in patients with treatment-resistant depression in Italian public hospitals affiliated with the National Health Service (since 2006 at the Luigi Sacco Hospital in Milan and, since 2009, at the IRCCS Policlinico Hospital in Milan).

His clinical activity has primarily focused on the clinical management of mood and anxiety disorders, with specific reference to the diagnosis and treatment of Depressive and Bipolar Disorders, Panic Disorder, Generalized Anxiety Disorder, and Obsessive-Compulsive Spectrum Disorders. In these fields, he has completed some clinical fellowships abroad (Bipolar Disorders Clinic, Stanford University, CA, since 2011, and Compulsive, Impulsive and Anxiety Disorders Program, Mount Sinai School of Medicine, NY, 2005-2007) and he has subsequently implemented thematic outpatient services (for patients with bipolar disorders and obsessive-compulsive spectrum disorders) at the Sacco Hospital and IRCCS Policlinico Hospital of Milan in collaboration with International university clinics and other research institutions.

He has participated in several local and national multicenter clinical trials, as principal investigator, co-principal investigator and site coordinator, involving patients with Bipolar Disorders (including those conducted for the Italian chapter of the International Society of Bipolar Disorders “Rilevazione Epidemiologica Nazionale sui Disturbi Bipolari”), Major Depressive Disorder, and Obsessive-Compulsive Disorder in the psychiatric units of the Sacco Hospital and IRCCS Policlinico Hospital.

Currently, he is involved in the following clinical trials at the Sacco Hospital in Milan:

- Protocol # 54135419MDD4002, title: "A Description Of Routine Treatment Pathways In A Cohort Of Patients With Major Depression And 'Active Suicidal Ideation With Intent' In Italy: The Arianna Observational Study".
- Protocol # 2019/ST/255, title: "Delineating A Psychiatric Profile For Patients Affected By Fibromyalgia".
- Protocol title: "Therapeutic Approach With Repetitive Transcranial Magnetic Stimulation (Rtms) And EEG In Patients With Major Depression With Or Without Anxiety Disorders Comorbidity And Poor Response To Pharmacological Treatment".
- Protocol title: "Studio della TMS ripetitiva nel trattamento della depressione post-stroke".
- Protocol # BHV4157-303, title: "A Randomized, Double-Blind, Placebo-Controlled Trial of Adjunctive Troriluzole In Obsessive-Compulsive Disorder".

Milano, 15-5-2021