



TO MAGNIFICO RETTORE OF UNIVERSITA' DEGLI STUDI DI MILANO

ID CODE: 4945

I the undersigned asks to participate in the public selection, for qualifications and examinations, for the awarding of a type B fellowship at Dipartimento di Scienze Cliniche e di Comunita

Scientist- in - charge: PROF PARAZZINI

**LINIA PATEL**

**CURRICULUM VITAE**

### PERSONAL INFORMATION

Surname	PATEL
Name	LINIA
Date of birth	28,02,1982

### PRESENT OCCUPATION

Appointment	Structure
Type B post-doc fellowship	Department of Clinical Science and Community Health, University of Milan

### EDUCATION AND TRAINING

Degree	Course of studies	University	year of achievement of the degree
PhD	Epidemiology, Environment and Public Health	University of Milan	2021
Master	Nutrition	Kings College London	2007
Master	Nutrition & Dietetics	University of Capetown	2005

### REGISTRATION IN PROFESSIONAL ASSOCIATIONS

Date of registration	Association	City
2007- Current	Health Professionals Council UK	London



## FOREIGN LANGUAGES

Languages	level of knowledge
English	Mother tongue
Italian	B1

## AWARDS, ACKNOWLEDGEMENTS, SCHOLARSHIPS

Year	Description of award
2017	PhD Scholarship
2006	Beit Trust Scholar
2004	Rhodes Scholar

## TRAINING OR RESEARCH ACTIVITY

description of activity
Training, Department of Epidemiology, Environment and Public Health, UNIMI (2017- 2020). PHD Activity
Training, Nutrition Society London, (2019), Systematic reviews: How to perform and interpret
Training, University of Oxford, Oxford, (2019), Introduction to Health Economics

## PROJECT ACTIVITY

Year	Project
2018-2020	Diet inequality and chronic disease outcome. Department of Epidemiology, Environment and Public Health, UNIMI. The mediating role of income and education using the National Nutrition and Dietary Survey UK. Activities included performing literature reviews, conceptualising ideas for research, data cleaning, statistical analysis, critical analysis of the results, writing research reports and scientific papers.
2018- 2019	Microbiome and Colorectal Cancer Risk. Department of Epidemiology, Environment and Public Health, UNIMI. Activities included performing literature reviews, writing research reports and scientific papers.
2018- 2019	Dietary Patterns Systematic Review. Department of Epidemiology, Environment and Public Health, UNIMI. Activities included project coordination, conducting literature review, collating data for the review, assisted in writing and editing scientific papers for publication.

## PATENTS

Patent
N/A



## CONGRESSES AND SEMINARS

Date	Title	Place
2019	Low Carbohydrate Diets and Type 2 Diabetes. How Low can you go?	Faculty of Podiatric Surgery Conference
2019	Low calorie Sweeteners in Public Health	13th European Nutrition Conference, Dublin

## PUBLICATIONS

Books
N/A

Articles in reviews
Melania Prete, Anna Luzzetti, Livia S. Augustin, Giuseppe Porciello, Concetta Montagnese, Ilaria Calabrese, Giada Ballarin, Sergio Coluccia, Linia Patel, Sara Vitale, Elvira Palumbo, Egidio Celentano, Carlo La Vecchia, Anna Crispo. Changes in lifestyle and dietary habits during COVID-19 lockdown. <i>Under Review</i>
Patel L, Alicandro G, Bertuccio P, La Vecchia C. Educational inequality in the dietary approach to stop hypertension (DASH) diet in the UK: evaluating the mediating role of income. <i>Br J Nutr.</i> 2021 Feb 23:1-20. doi: 10.1017/S0007114521000672. Epub ahead of print. PMID: 33618781
Patel L, Alicandro G, La Vecchia C. Dietary Approaches to Stop Hypertension (DASH) diet and associated socio-economic inequalities in the UK. <i>Br J Nutr.</i> 2020 Nov 28;124(10):1076-1085. doi: 10.1017/S0007114520001087. Epub 2020 Mar 20. PMID: 32192542 – <b>AWARDED UK NUTRITION SOCIETY PAPER OF THE MONTH JUNE 2020.</b>
Patel L, Alicandro G, La Vecchia C. Low-Calorie Beverage Consumption, Diet Quality and Cardiometabolic Risk Factors in British Adults. <i>Nutrients.</i> 2018 Sep 7;10(9):1261. doi: 10.3390/nu10091261. PMID: 30205484; PMCID: PMC6165431.
Edefonti V, De Vito R, Dalmartello M, Patel L, Salvatori A, Ferraroni M. Reproducibility and Validity of A Posteriori Dietary Patterns: A Systematic Review. <i>Adv Nutr.</i> 2020 Mar 1;11(2):293-326. doi: 10.1093/advances/nmz097. PMID: 31578550; PMCID: PMC7442345.
Edefonti V, De Vito R, Salvatori A, Bravi F, Patel L, Dalmartello M, Ferraroni M. Reproducibility of A Posteriori Dietary Patterns across Time and Studies: A Scoping Review. <i>Adv Nutr.</i> 2020 Sep 1;11(5):1255-1281. doi: 10.1093/advances/nmaa032. PMID: 32298420; PMCID: PMC7490165

Congress proceedings
Faculty of Podiatric Surgery Conference 2021, Low Carbohydrate Diets and Type 2 Diabetes. How Low can you go? UK
13th European Nutrition Conference, Dublin, 2019, Low calorie Sweeteners in Public Health



OTHER INFORMATION

Involved in various other publications for health professional press. On the editorial panel for the official British Dietetic Association (BDA) Consumer magazine. As an official spokesperson for the BDA involved in writing evidence-based articles for health professional press and consumer press. As a nutrition expert regularly asked to speak on national tv channels on evidence based nutrition and public health matters.


Working as a Registered Dietitian since 2006 in a variety of settings, including Public Health. Led on and supported the strategic development, commissioning, delivery, performance, management and evaluation of public health programmes and services. Areas of focus have included: Islington's Food Strategy, Cancer prevention campaigns, Stop Smoking Services, Children and Adult weight management services, Exercise on Referral Schemes, Vitamin Supplementation programmes, Food Poverty programmes.

Declarations given in the present curriculum must be considered released according to art. 46 and 47 of DPR n. 445/2000.

The present curriculum does not contain confidential and legal information according to art. 4, paragraph 1, points d) and e) of D.Lgs. 30.06.2003 n. 196.

Place and date: Milan, 10/4/2021

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